

## **PHYSICAL EDUCATION HANDBOOK POLICIES**

*\*\*Please read through the PE Handbook\*\**

### **HARFORD COUNTY GRADING POLICY**

Factors which determine a student's grades are the following:

#### **1. PRODUCT 50%**

- Psychomotor – Rubric Based Assessments
  - Skill Performance

#### **2. PROCESS 30%**

- Cognitive – Knowledge Based
  - Unit Test
  - Checkpoints throughout unit of instruction- Quizzes, Homework, Exit Tickets, Peer-Assessments, Self-Assessments, Etc.

#### **3. PRACTICE 20%**

- Affective – Rubric Based Assessments
  - Personal and Social Performance and Development
- Work Habits
  - Engaged in Learning
  - Prepared for Learning

**PHYSICAL EDUCATION UNIFORMS:** Tennis shoes must be worn and tied securely for safety reasons. My name must be on my shirt & shorts. For your child's safety, students will NOT be allowed to participate without proper footwear in physical education. Proper footwear is defined as rubber soled shoes primarily designed for sports or other forms of physical exercise that ties or has a Velcro closure and cover the entire foot.

**PHYSICAL HYGIENE:** A Physical Education uniform should not be worn underneath school clothes.

**BORROWING UNIFORMS:** Clean uniforms are available to borrow before 8:05 each morning and should be returned at the conclusion of P.E. in the locker room. This eliminates dressing excuses. We want all students to be successful in physical education; being dressed in the correct uniform is a step in the right direction.

**Students should not be reporting to the locker room in the morning for any reason other than to borrow a P. E. uniform.**

**LOCKER ROOM** – No Food / Drinks / Technology Use (ex. phone, ipad, laptop, etc)

**GUM** – School policy prohibits gum chewing / candy during Physical Education class.

**BRING YOUR OWN TECHNOLOGY (BYOT):** **Must be locked in your locker!!!**

When students leave their classrooms before moving into the locker rooms, they MUST put away all technology so that it is OUT OF SIGHT. The locker rooms are one of the many NO FLY ZONES for technology. Consequences for improper use of technology may be severe. It is recommended that students utilize something to carry their technology so that it is out of sight moving through any of the NO FLY ZONES.

### **MEDICAL EXCUSES:**

Harford County Public Schools and state education requirements state that every student participate in physical education.

1. Written excuses from parents or guardians are accepted for one, two, or three calendar days (including weekend).
2. Beyond the three calendar days, an excuse from a medical doctor is required.
3. All medical notes from parents, guardians, or doctors should be detailed as possible to include exemptions from specific activities and/or specific activities that are acceptable. *For example: Please excuse my child from any upper body activities that involves the left arm; John is allowed to participate in any activity that does not require running.*
4. A note of release or a date of return must be presented from a doctor in order for a student to return back to physical education.
5. A written excuse does not excuse the student from dressing in his/her proper physical education uniform.

### **JEWELRY: HARFORD COUNTY "STUDENT DRESS CODE" POLICY**

Safety of all students and the security of personal jewelry is of utmost importance! Specific jewelry policy for the school year will be addressed during physical education orientation. No jewelry, with the exception of stud earrings, and medical bracelets, may be worn during physical activity as stated in the Harford County Public School Board Policy.

1. Examples of prohibited jewelry items include (but are not limited to) rings, necklaces, non-stud earrings, bracelets, anklets and arm bands.
2. Jewelry which needs to be removed shall be the responsibility of the student. A suggested student practice is to keep a container available in his/her physical education locker to store loose jewelry items during class.
3. **PLEASE – If a student is planning to get any body piercings during the school calendar year, anticipate how this will impact his/her participation in Physical Education Class.**
4. Fitness devices which record data regarding activity may be worn in physical education provided they are safely secured (with a sweatband or similar covering) and do not otherwise present a safety risk to the student or others. It is understood that students will comply with the procedures contained in the Portable Communication Device Policy, Acceptable Use Policy for Students and the procedures stating parent financial responsibility associated with items brought to school.

As a student and parent I have read the basic rules and regulations located on the Physical Education Handbook and stated in this summary of the Physical Education handbook. My signature is my agreement to attempt to follow them as stated in this paper.

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Signature of Student (Date)

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Signature of Parent (Date)